**Us Too project** 

**Online Peer Workshop**

**Teaching Plan: Week Three (1hour 15mins)**

***By the end of today we will have:***

* Reminded ourselves about the last session
* Found out about domestic abuse

**Programme**

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| **Timing** | **Topic** | **Activity** | **Resources** |
| 20 mins. | Introductions | ***Input***  Remind people of our names. Ask the group their names.  What we did last week.   * Ask people what they can remember. * Read the slide.   Rules for relationships.  This is what we said about rules. Read the slide.  Checking In   * Ask people if they were OK after last week. * Do they want to ask or say anything?   Today we are going to talk about. Read the slide  **Stress that the group rules are really important this week as we are talking about abuse.**  Group rules: here are the rules you agreed  Our rules  Confidentiality | Slides 47 - 48  Slide 49  Slide 50  Slide 51  Slide 52  Slide 53  Slide 54 – 56  Slide 57 |
| 10 mins. | Ice breaker | Get the group to decide:   * Who has got the most unusual favourite smell? * Has travelled the furthest. * The strangest cuddly toy? | Slide 58 |
| 5 mins. | Domestic Abuse: Introduction | **Video: Michelle & Billy**  Show the video.  Discuss the questions on the slide. | Video clip  Slide 59  Slide 60 |
| 5 mins. | Domestic Abuse: features of abuse | **Video: Will & Rose**  Show the video.  Discuss the questions on the slide.  Ask:   * Does Rose need to apologise? * Why did he knock over the chair? * Why don’t her friends know? * Is he controlling her? * Why does he buy her flowers? * Who is paying at the pub? | Video clip  Slide 61  Slide 62 |
| 20 mins. | Domestic Abuse: Definition | Read the definition on the slide.  Ask: Is this what is happening to Billy and to Rose?  Compare the definition with what we said was happening in the films. | Slides 63 -64 |
| 10 mins. | Domestic Abuse: our experience | Read the quotes from the slides  Ask learners if anything like that has happened to them.  If so, what did you do about it? | Slides 65 – 66  Slide 67 |
| 5 mins.  Emma | Checking In  Our support  Support  Closing round  Thanks for coming | Check that everyone is doing OK  Check that everyone has support later  It is OK to call [emergency and support line numbers]  Ask each person what makes them feel strong.  Thank the group and say you will see them again next week. | Slide 68  Slide 69  Slide 70  Slide 71  Slide 72 |