**Us Too project** 

**Online Peer Workshop**

**Teaching Plan: Week Three (1hour 15mins)**

***By the end of today we will have:***

* Reminded ourselves about the last session
* Found out about domestic abuse

**Programme**

|  |  |  |  |
| --- | --- | --- | --- |
| **Timing** | **Topic** | **Activity** | **Resources** |
| 20 mins. | Introductions | ***Input***Remind people of our names. Ask the group their names. What we did last week.* Ask people what they can remember.
* Read the slide.

Rules for relationships.This is what we said about rules. Read the slide.Checking In* Ask people if they were OK after last week.
* Do they want to ask or say anything?

Today we are going to talk about. Read the slide**Stress that the group rules are really important this week as we are talking about abuse.**Group rules: here are the rules you agreedOur rulesConfidentiality | Slides 47 - 48Slide 49Slide 50Slide 51Slide 52Slide 53Slide 54 – 56 Slide 57 |
| 10 mins. | Ice breaker | Get the group to decide:* Who has got the most unusual favourite smell?
* Has travelled the furthest.
* The strangest cuddly toy?
 | Slide 58 |
| 5 mins. | Domestic Abuse: Introduction | **Video: Michelle & Billy**Show the video.Discuss the questions on the slide. | Video clip Slide 59Slide 60 |
| 5 mins. | Domestic Abuse: features of abuse | **Video: Will & Rose** Show the video.Discuss the questions on the slide.Ask:* Does Rose need to apologise?
* Why did he knock over the chair?
* Why don’t her friends know?
* Is he controlling her?
* Why does he buy her flowers?
* Who is paying at the pub?
 | Video clipSlide 61Slide 62 |
| 20 mins. | Domestic Abuse: Definition | Read the definition on the slide.Ask: Is this what is happening to Billy and to Rose?Compare the definition with what we said was happening in the films. | Slides 63 -64 |
| 10 mins. | Domestic Abuse: our experience | Read the quotes from the slidesAsk learners if anything like that has happened to them.If so, what did you do about it? | Slides 65 – 66 Slide 67 |
| 5 mins.Emma | Checking InOur supportSupportClosing roundThanks for coming | Check that everyone is doing OKCheck that everyone has support laterIt is OK to call [emergency and support line numbers]Ask each person what makes them feel strong.Thank the group and say you will see them again next week. | Slide 68Slide 69Slide 70Slide 71Slide 72 |